



## Surrey Sleep Clinic & Laboratory

City Centre 2  
Suite 306, 9639 137A Street  
Surrey, BC, Canada V3T 0M1  
Tel: 604-372-0133 Fax: 604-372-0134  
[www.surreysleepclinic.com](http://www.surreysleepclinic.com)

## SLEEP DISORDERS REFERRAL FORM

(PLEASE FAX FORM TO 604-372-0134)

**New address effective August 2019**

☐ **Urgent**    ☐ **Non-Urgent**    ☐ **Safety critical job**    ☐ **Pediatric (Age > 8)**

**Date:** \_\_\_\_\_

**Patient Name:** \_\_\_\_\_

PHN \_\_\_\_\_ DOB \_\_\_\_\_ Gender \_\_\_\_\_  
Phone \_\_\_\_\_ Mobile \_\_\_\_\_  
Address \_\_\_\_\_ City \_\_\_\_\_ Postal Code \_\_\_\_\_

**Referring Physician Name:** \_\_\_\_\_ **MSP #** \_\_\_\_\_

Phone \_\_\_\_\_ Fax \_\_\_\_\_  
Clinic Address \_\_\_\_\_ City \_\_\_\_\_

### Please Choose:

- ☐ **Sleep Medicine Consultation with Dr. A. S. Minhas or Delegate**
- ☐ **Overnight Polysomnography (Level 1)** – Please provide HSAT report, if available  
*(Sleep Medicine consult is required for Level 1 Polysomnography, CPAP or Dental titration, MWT, MSLT & other in-lab tests)*
- ☐ **Level 3 Home Sleep Apnea Study** *(Rapid access, no sleep medicine consultation required)*
- ☐ **CPAP Initiation** *(Rapid access, no sleep medicine consultation required)*

### Reason for Referral:

- |                                                        |                                                |                                                       |
|--------------------------------------------------------|------------------------------------------------|-------------------------------------------------------|
| <input type="checkbox"/> Obstructive Sleep Apnea (OSA) | <input type="checkbox"/> Sleepy while driving  | <input type="checkbox"/> Excessive sleepiness/fatigue |
| <input type="checkbox"/> Central Sleep Apnea           | <input type="checkbox"/> Insomnia              | <input type="checkbox"/> REM behaviour disorder       |
| <input type="checkbox"/> Narcolepsy                    | <input type="checkbox"/> Restless Leg Syndrome | <input type="checkbox"/> Parasomnia/Somnambulism      |
| <input type="checkbox"/> <b>Other</b> _____            |                                                |                                                       |

### Medical History:

- |                                             |                                        |                                   |                                    |                                  |                                                   |
|---------------------------------------------|----------------------------------------|-----------------------------------|------------------------------------|----------------------------------|---------------------------------------------------|
| <input type="checkbox"/> Hypertension       | <input type="checkbox"/> Heart Failure | <input type="checkbox"/> CAD/MI   | <input type="checkbox"/> A. Fib    | <input type="checkbox"/> COPD    | <input type="checkbox"/> Restrictive lung disease |
| <input type="checkbox"/> Obesity            | <input type="checkbox"/> Hypothyroid   | <input type="checkbox"/> Diabetes |                                    | <input type="checkbox"/> CVA/TIA | <input type="checkbox"/> Neuro-muscular disease   |
| <input type="checkbox"/> Migraine           | <input type="checkbox"/> Chronic Pain  |                                   | <input type="checkbox"/> Opioid Rx |                                  | <input type="checkbox"/> Depression               |
| <input type="checkbox"/> <b>Other</b> _____ |                                        |                                   |                                    |                                  |                                                   |

### Medications:

\_\_\_\_\_  
**Physician Signature**